



# SOMMAR ONLINE SCHEMA

24 JUNI - 25 AUGUSTI 2024 VECKA 26-34

|                     | MÅNDAG                                    | TISDAG                                     | ONSDAG                                  | TORSDAG                                  | FREDAG                                   | L | SÖNDAG |
|---------------------|---|--|---|--|--|---|--------|
| V. 25<br>17-23/6    |   |  | 19.00-20.15<br>HATHAFLOW<br>ONLINE      | 11.30-12.30<br>HATHA & YINYOGA<br>ONLINE | MIDSOMMAR                                |   |        |
|                     |   |  |   | MIDSOMMAR                                |  |   |        |
|                     |   |  |   |  |  |   |        |
| V. 26<br>24-30/6    |   | 11.00-12.15<br>MEDIYOGA<br>ONLINE          |   |  |  |   |        |
|                     |   | 18.30-19.45<br>ASHTANGAYOGA<br>LEDD ONLINE | 19.00-20.15<br>HATHAFLOW<br>ONLINE      | 18.00-19.15<br>YINYOGA ONLINE            |  |   |        |
| V. 27<br>1-7/7      |   | 11.00-12.15<br>MEDIYOGA<br>ONLINE          |   |  | 11.30-12.30<br>HATHA & YINYOGA<br>ONLINE |   |        |
|                     |   | 18.30-19.45<br>ASHTANGAYOGA<br>LEDD ONLINE | 19.00-20.15<br>HATHA FLOW<br>ONLINE     | 18.00-19.15<br>YINYOGA ONLINE            |  |   |        |
| V. 28<br>8-14/7     |   | 11.00-12.15<br>MEDIYOGA<br>ONLINE          |   |  |  |   |        |
|                     |   |  | 18.00-19.15<br>HATHA FLOW<br>ONLINE     | 18.00-19.15<br>YINYOGA ONLINE            |  |   |        |
| V. 29<br>15-21/7    |   | 11.00-12.15<br>MEDIYOGA<br>ONLINE          |   |  |  |   |        |
|                     |   |  | 18.00-19.15<br>HATHA FLOW<br>ONLINE     | 18.00-19.15<br>YINYOGA ONLINE            |  |   |        |
| V. 30<br>22/7- 28/7 | 9.00-10.15<br>ASHTANGAYOGA<br>LEDD ONLINE |  | 9.00-10.15<br>HATHA YOGA<br>LUGN ONLINE | 17.00-18.15<br>YINYOGA ONLINE            |  |   |        |
| V. 31<br>29/7-4/8   | 9.00-10.15<br>ASHTANGAYOGA<br>LEDD ONLINE |  | 9.00-10.15<br>HATHA YOGA<br>LUGN ONLINE | 17.00-18.15<br>YINYOGA ONLINE            |  |   |        |
| V. 32<br>5-11/8     |   | 11.00-12.15<br>MEDIYOGA<br>ONLINE          |   |  |  |   |        |
|                     |   |  | 18.00-19.15<br>HATHA FLOW<br>ONLINE     | 18.00-19.15<br>YINYOGA ONLINE            |  |   |        |
| V. 33<br>12-18/8    |   | 11.00-12.15<br>MEDIYOGA<br>ONLINE          |   |  | 11.30-12.30<br>HATHA & YINYOGA<br>ONLINE |   |        |
|                     |   | 18.30-19.45<br>ASHTANGAYOGA<br>ONLINE      | 18.30-19.45<br>HORMON YOGA<br>ONLINE    | 18.30-19.45<br>YINYOGA ONLINE            |  |   |        |